



MEALS on WHEELS
EAST TEXAS



**One meal.
One visit.
One smile.**

iMW!
MEALS on WHEELS
EAST TEXAS

MealsOnWheelsETX.org

2025

Impact Report

Delivering More Than a Meal

903.593.7385 | www.mealsonwheelsetx.org

LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends and Supporters,

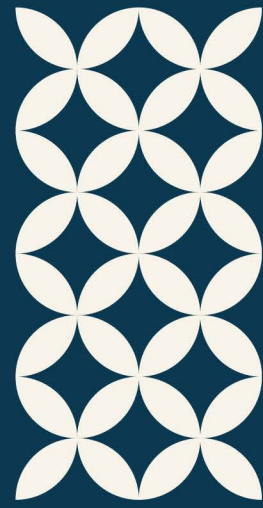
As I reflect on 2025, I am incredibly proud of what we have accomplished together. It has been a year of remarkable growth and meaningful impact. Because of your support, we continued reaching the families and seniors who need us most.

Through careful stewardship, we saved resources where possible, secured additional funding to expand our reach, and strengthened the communities we serve. Every mile driven, every meal delivered, and every life touched was made possible by your trust and generosity.

You fuel this mission every single day. Thank you for standing with us, believing in our work, and helping ensure that no neighbor feels forgotten.

With gratitude,
Tiffany McPherson Damskov





2025 BY THE NUMBERS

- 2,000 independent clients
- 564 community volunteers mobilized
- 20,799 hours of hands & hearts at work
- 7 counties reached
- 452,411 acts of nourishment
- 500 + paws fed
- 11,000+ pounds of *donated* pet food served



SEASONAL PROGRAMS



Summer Fan Drive

The Summer Fan Drive is a collaborative partnership with PATH and TXU Electric that helps vulnerable seniors stay safe during extreme Texas heat. This reduces heat-related health risks and ensures seniors can remain comfortably and safely in their homes throughout the summer months.

Emergency Meals

For the first time in our organization's history, every item in our emergency meal packages was fully donated. These shelf-stable meals ensure seniors continue receiving vital nutrition during severe weather or service disruptions — providing both food security and peace of mind when it matters most.

Santas for Seniors

100% of our current clients received special gifts donated by our loving community





DELIVERING MORE THAN A MEAL

At Meals on Wheels Ministry, every delivery represents far more than nutrition. While a healthy meal is essential, the true impact of our work lies in the connection, safety, and reassurance that accompany each visit.

For many of the nearly 2,000 seniors we serve across seven counties, our volunteers are the only consistent visitors they see. Each knock at the door provides not only nourishment but also a friendly face, a wellness check, and the comfort of knowing someone cares. These brief moments of connection help reduce isolation, identify potential safety concerns, and allow seniors to remain independent in the homes they love.

- **91% of home-delivered meal participants say Meals on Wheels helps them live independently.**
- **84% say it helps them feel more secure.**
- **79% say meals help improve their health.**

Source: Meals on Wheels America

IMPACT STORIES

Breckenridge Village Meal Delivery Team

Each week, the residents of Breckenridge Village faithfully deliver meals to our seniors – and in doing so, they deliver something even more meaningful: joy, connection, and mutual care.

If you ask them their favorite day program activity, almost every resident will quickly answer, “Meals on Wheels!” They look forward to their routes, the familiar doors, and the smiling faces waiting on the other side. What makes this partnership so special is that the feeling is mutual. Our clients light up when they see them arrive, and genuine friendships have formed over time.

When a resident isn't able to deliver for one week, our clients ask about them. And when a client isn't home, the residents worry too. It is a beautiful reminder that this ministry is not one-sided – it is a shared relationship of compassion, dignity, and belonging.

Through this partnership, meals are delivered, but something even greater is exchanged: love, purpose, and community.



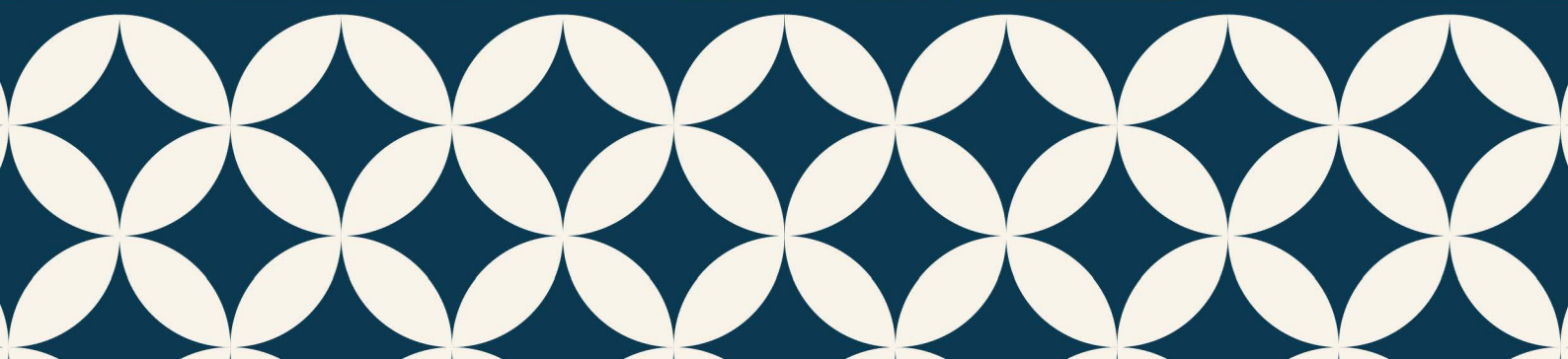

**BRECKENRIDGE
VILLAGE**

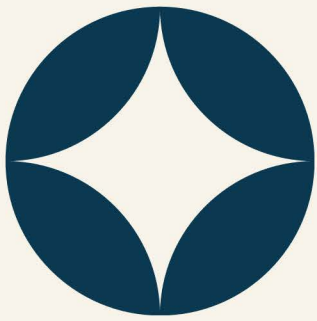
 **MEALS
on WHEELS**
EAST TEXAS

Sunshine delivered daily
Thanks, Breckenridge Village
Volunteers!

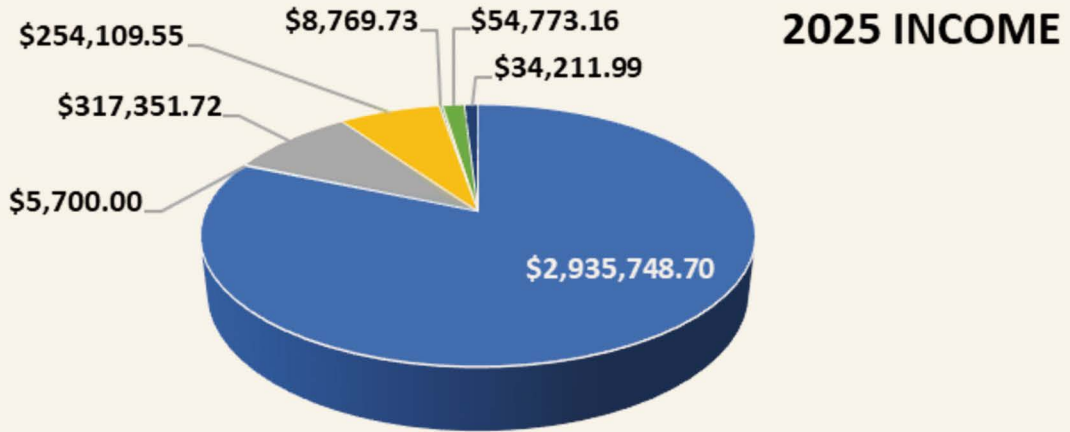
VOLUNTEER HIGHLIGHTS

The Chandler Chamber of Commerce and the East Henderson Rotary Club went above and beyond in 2025—and their generosity carried right into 2026. They granted wishes for clients in Chandler, delivered extra meals and snacks, and even provided fans and other much-needed essentials to ensure our neighbors were cared for and supported.



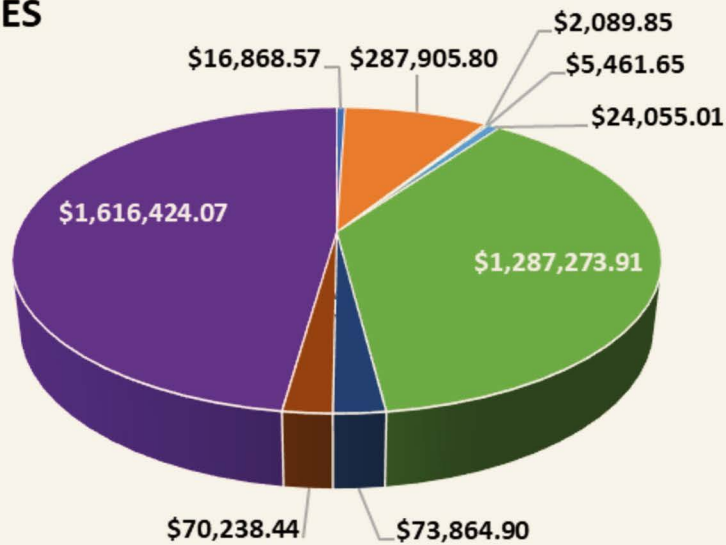


FINANCIAL OVERVIEW



- Government Contracts
- Program Income
- Contributions and Gifts
- Grants
- Premier Clients
- Special Events
- Misc Income

2025 EXPENSES



- Contract Labor/Services
- General Operating
- Fundraising
- Kitchen Expenses/Repairs
- Building and Facilities
- Personnel (51 employees)
- Utilities
- Vehicle Expenses
- Food

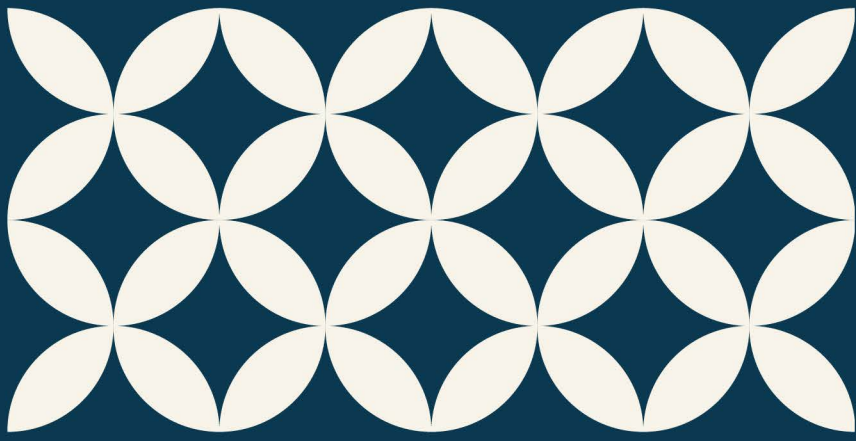
LOOKING AHEAD

We are stepping boldly into 2026 with renewed purpose and expanded goals because of the impact we created together.

- We will collaborate with more community partners to deepen our reach and strengthen our collective impact.
- We will continue to expand our volunteer network in rural areas so no neighbor is left unseen or underserved.
- We will share our story more intentionally to inspire greater awareness, advocacy, and engagement.
- We will seek innovative funding opportunities to ensure long-term sustainability and growth.

The need continues — and so does our commitment.

Join us as we build an even stronger, more connected community in 2026. ***Volunteer. Partner. Give. Advocate.*** Together, we will reach further than ever before.



Donate. Volunteer. Share our mission.

No senior should feel forgotten. Help us deliver more than a meal—help us deliver hope.

Together, we can deliver connections, community, compassion and hope.



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