

2024

Impact Report



MEALS on WHEELS
EAST TEXAS



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MEALS on **WHEELS**
EAST TEXAS



Our Mission

Meals on Wheels East Texas empowers older and disabled adults to live independently in their own homes by providing nutritious home-delivered meals, safety checks, socialization, and community connection, which result in an enhanced quality of life and purpose as everyday people join us in ministry.

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Where to find us

3001 Robertson Road
Tyler, TX 75701

Contact us:

903-593-7385

mow@mowmet.org

Connect with us:

www.mealsonwheelsetx.org



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Message from the Executive Director



Dear Friends,

As I look back on 2024, I'm overwhelmed with gratitude for what we've accomplished together. This year, Meals on Wheels East Texas celebrated 51 years of service—over five decades of showing up with love, meals, and meaningful connection for our senior neighbors. And thanks to you, this milestone year was one of our most impactful yet.

In 2024, we delivered more than 500,000 meals to over 2,000 clients across six counties. Behind each meal was a moment of hope, a connection made, and a reminder that no one is forgotten. One of our most heartwarming achievements this year was the success of our Santas for Seniors program in December. For the first time ever, every single one of our 2,000+ clients received a holiday gift—a simple gesture that brought joy, dignity, and warmth to homes across East Texas. The smiles we saw were unforgettable.

We also launched new, life-saving partnerships, including a collaboration with the South Tyler Rotary Club and the City of Tyler Fire Department to install smoke detectors in the homes of our clients in Tyler. Safety is a critical part of aging in place, and this initiative added peace of mind for many vulnerable seniors.

Our ongoing community partnerships remained as strong as ever. With PATH, we continued our work through the annual Fan Drive, helping our clients stay safe during the brutal Texas summers. Our Community Pet Food Drive and the extraordinary 600-pound donation from Therapet made it possible for our Meals Fur Pets Program to keep tails wagging and companions fed. And through our Shelf Stable Food Drive, we ensured our clients were prepared during emergencies and weather-related closures.

These programs and partnerships are so much more than numbers and events—they represent a community that cares. A community that shows up. A community that believes that aging with dignity is a right, not a privilege.

I'm also deeply grateful for our volunteers and donors, who give their time, energy, and resources to keep this mission moving forward. You are the heart of Meals on Wheels East Texas. Whether you delivered a meal, made a contribution, shared our mission, or supported a drive—you made a difference.

As we look to 2025, we know the needs will continue to grow—but so will our determination. With your help, we will continue to serve, connect, and uplift the lives of East Texas seniors, one meal and one visit at a time.

Thank you for believing in our mission and being a vital part of our journey.

With deepest gratitude,

Tiffany Damstew

A Year in Review

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**530,865 Meals
Delivered**

**2,000+ Clients
Served in 7
Counties**

**Over 2200 Gift
Deliveries
during Santas
For Seniors**

**21,560 Volunteer Hours
from over 600 Volunteers**

**New Life-Saving
Partnership Formed**

**500+
Meals Fur
Pets
Clients
Served**



**FUN FACT: THE MEALS FUR
PETS PROGRAM IS OPERATED
100% FROM DONATIONS
(PETFOOD AND MONETARY)**





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The Board of Directors

Stan Anderson
Board Chairman

Kevan Kirksey
Treasurer

Christopher Massey
Secretary

Jeff Cheavens
Director

Holly Bishop
Director

Joe Denson
Director

Chris Stewart
Director

Betty Turman
Director

Lonny Uzzell
Director



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The Challenges

Average Funding Reimbursement Rate = 6.46/meal

Cost Per Meal = 7.22

Meals Per Month = 40,000

Unfunded Meals Per Month = 4,725

Annual Gap in Funding = \$321,000+

77% of our Annual Funding is provided by

Health and Human Services

Area Agency on Aging

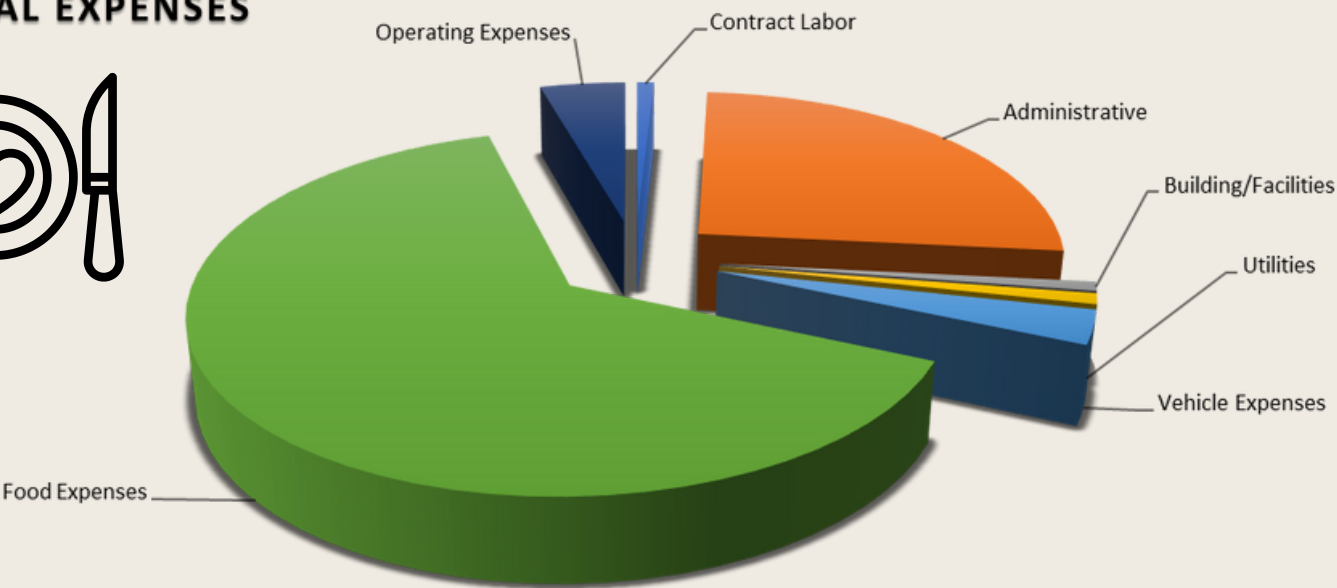
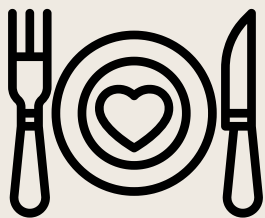
Texas Department of Agriculture



10,000 Meals Per Week

51 Employees - 40 Vehicles - 7 Counties

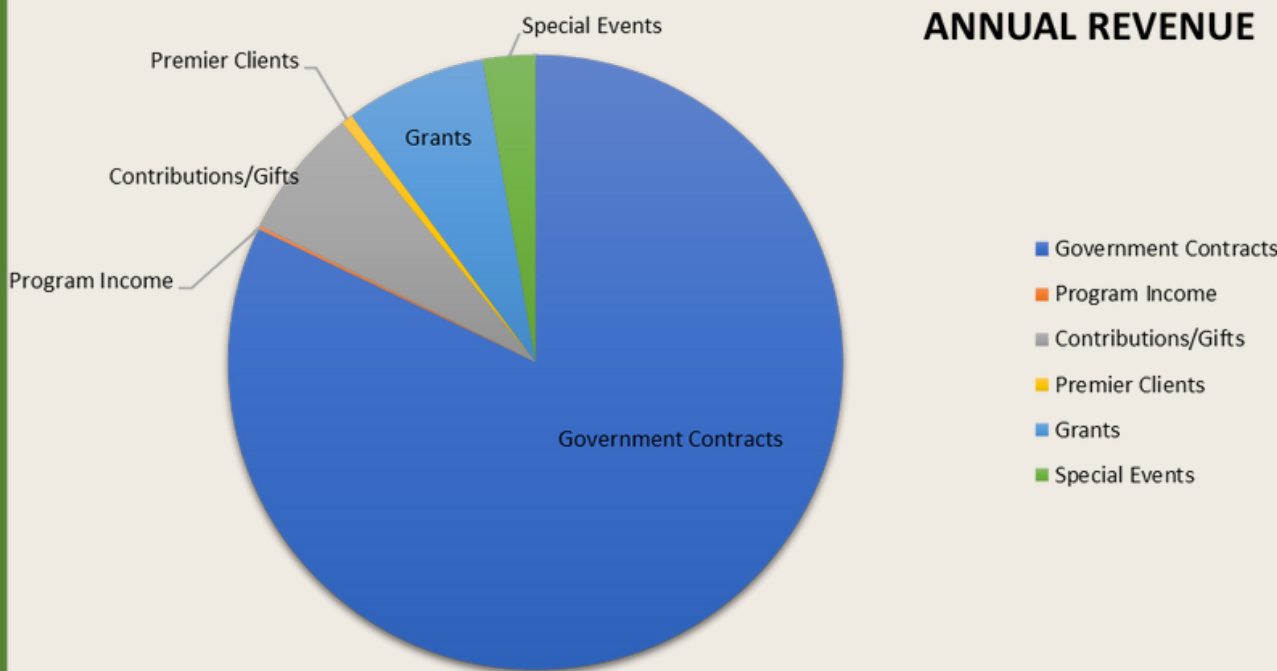
ANNUAL EXPENSES



■ Contract Labor ■ Administrative ■ Building/Facilities ■ Utilities ■ Vehicle Expenses ■ Food Expenses ■ Operating Expenses



ANNUAL REVENUE



■ Government Contracts
■ Program Income
■ Contributions/Gifts
■ Premier Clients
■ Grants
■ Special Events

TOGETHER,

WE CAN DELIVER



For more information visit

www.mealsonwheels.org

or stop in for a tour.

Visitors are always welcome.